

# Suggested packing checklist



## For traveling

- Passport and copy
- Drivers license (if you do our Road Trip)
- Pen
- Cash
- Debit/credit cards (notify your bank that you are traveling to Peru)
- Vaccination card
- Travel insurance
- Smartphone with WhatsApp (for communication with us) and charger

## If you are traveling with your kids (or other children)

- All the documentation requested by the authorities and copies

## For relaxing and amusing

- Earplugs
- Sleep mask
- Book(s) or electronic gadgets like Kindle, iPad, tablet
- Earphones

## For your comfort

- Light clothing
- Sandals
- Pajamas
- Bathing suit

## For the routine and the sun

- Sunglasses
- Hat or cap
- Daypack or bag
- Reusable bottle
- Sunblock
- Moisturizer

## For the rain and cold

- Rain jacket
- Water-resistant footwear
- Thermal underwear
- Sweater
- Jacket
- Gloves
- Scarf/Buff
- Beanie
- Warm socks
- Backpack rain cover

## For the excursions

- Camera (batteries and memory cards)
- Binoculars
- Flashlight or headlamp
- Multi-use knife
- Walking sticks (if you do the Inca Trail you must use rubber tips)
- Trekking backpack

## For the insects

- Repellent
- Long sleeves
- Pants

## For shopping, eating, health, and personal hygiene

- Zero-waste kit (see details below)
- Prescription medicines. Prescription of medicines (in case needed)

## Others

- Outlet adaptor



Would you like to be one of our **PLASTIC REPORTERS?**



OR MAYBE JUST TO TAKE PART ON THE Plastic-free Challenge?



## [Fight the Plastic during your trip to Peru](#) CAMPAIGN

We want to invite you to make your trip even more RESPONSible with a couple of easy alternatives to implement.

**Travel with your zero-waste kit** that can consist of:

- Bag for shopping and laundry
- Canteen and a reusable cup/mug
- Reusable utensils, straw, food pots and napkins
- Even personal hygiene products and cosmetics
  - Shampoo bar and soap bar
  - Deodorant, moisturizer, insect repelent, and sunscreen in eco-friendly containers

The possibilities are endless and we can help you find what you need or what you are missing at your arrival to Peru.

### **Be our plastic reporter**

This activity requires a little more work, because we invite you to inform us of all the cases that you see in which there is a bad use of plastic, or in which contamination caused by it is seen.

Logically you can also inform us about all the occasions in which you use your zero-waste kit.

More details can be found on the banner or title of our campaign that will take you to our [Blog](#).